

| Day   | Time                | Meeting Point  | Jan   | Feb  | Mar    |       |
|-------|---------------------|--|---|--|--------|-------|
| Mon   | 11.30am - 12.30pm   | Colne - Holt House Car Park BB8 9SF ●  | 13  | 3, 24  | 10, 31 |       |
|       | 11.30am - 12.30pm   | Barnoldswick - Victory Park Car Park BB18 5EN ●  | 20  | 10   | 17     |       |
|       | 11.30am - 12.30pm   | Nelson - Victoria Park, Carr Road BB9 7SS ● (currently on hold due to construction work) |   |  |        |       |
|       | 11.30am - 12.30pm   | Barrowford - Pendle Heritage Centre, Car Park BB9 6JQ ●                                  | 6, 27   | 17   | 3, 24  |       |
| Tues  | 10.00am - 1.00pm    | Barley - Village Car Park BB12 9JX ●   |   | 4  | 11     |       |
|       | 10.00am - 1.00pm    | Fence - Forest Restaurant BB12 9PA ●   | 7   | 11   | 18     |       |
|       | 10.00am - 1.00pm    | Sabden - War Memorial BB7 9DZ ●  | 14  | 18   | 25     |       |
|       | 10.00am - 1.00pm    | Haggate - Hare & Hounds car park BB10 3QH ●  | 21  | 25   |        |       |
|       | 10.00am - 1.00pm    | Higham - top end of village BB12 9EU (off A6068) ●                                       | 28  |  | 4      |       |
| Wed   | MORNING             | 10.00am - 12.30pm  | Foulridge - Four Elephants Restaurant BB8 7PY ●                     | 15   | 12     | 12    |
|       |                     | 10.00am - 12.30pm  | Barnoldswick - Co-op Car Park BB18 6AB ●                            | 22   | 19     | 19    |
|       |                     | 10.00am - 12.30pm  | Salterforth - Canal Bank Car Park BB18 5TT ●                        | 1, 29  | 26     | 26    |
|       |                     | 10.00am - 12.30pm  | Earby - Bus Station BB18 6UL ●                                      | 8  | 5      | 5     |
|       | EVENING             | 6.30pm - 8.30pm  | Trawden - opposite Trawden Arms BB8 8RU ●                           | <b>Summer Evening Walks</b> will return at the beginning of <b>April 2025</b> and continue until the end of <b>August 2025</b> |        |       |
|       |                     | 6.30pm - 8.30pm  | Brierfield - Library BB9 5HW ●                                      |  |        |       |
|       |                     | 6.30pm - 8.30pm  | Colne - Railway Station BB8 9NX ●                                   |  |        |       |
|       |                     | 6.30pm - 8.30pm  | Barnoldswick - Co-op Car Park BB18 6AB ●                            |  |        |       |
|       |                     | 6.30pm - 8.30pm  | Foulridge - Towngate BB8 7PL ●                                      |  |        |       |
|       |                     |  |   |  |        |       |
| Thurs | MORNING             | 10.00am - 12.30pm  | Barrowford - Pendle Heritage Centre, Car Park BB9 6JQ ●             | 9  | 6      | 6     |
|       |                     | 10.00am - 12.30pm  | Nelson - Victoria Park, Carr Road BB9 7SS ●                         | 16   | 13     | 13    |
|       |                     | 10.00am - 12.30pm  | Nelson - Marsden Park Golf Course BB9 8DG ●                         | 23   | 20     | 20    |
|       |                     | 10.00am - 12.30pm  | Colne - Ball Grove Nature Reserve - upper car park BB8 7HZ ●        | 2, 30  | 27     | 27    |
|       | AFTERNOON           | 1.30pm - 3.00pm  | Colne - Alkincoats Park, Car Park BB8 9QQ ●                         | 16   | 6, 27  | 20    |
|       |                     | 1.30pm - 3.00pm  | Barrowford - Pendle Heritage Centre, Car Park BB9 6JQ ●             | 2, 23  | 13     | 6, 27 |
|       |                     | 1.30pm - 3.00pm  | Foulridge - The Wharfe at Foulridge (formerly Cafe Cargo) BB8 7PP ● | 9, 30  | 20     | 13    |
| Fri   | 10.30am - 2.30pm    | Kelbrook - opposite Craven Heifer BB18 6TF ●   |   |  |        |       |
|       | 10.30am - 2.30pm    | Colne - Railway Station BB8 9NX ●  | 17  |  |        |       |
|       | 10.30am - 2.30pm    | Colne - Morris Dancers Pub BB8 0BH ●   |   | 21   |        |       |
|       | 10.30am - 2.30pm    | Laneshawbridge - opposite Emmott Arms BB8 7HX ●  |   |  | 21     |       |
|       | QUARTERLY AFTERNOON | 2.00pm - 4.30pm  | Colne - Library BB8 0AP ●   | 31   |        |       |
| Sun   | 11.30am - 3.30pm    | Colne - Morris Dancers Pub BB8 0BH ●   |   | 2  |        |       |
|       | 11.30am - 3.30pm    | Colne - Railway Station BB8 9NX ●  |   |  | 2      |       |
|       | 11.30am - 3.30pm    | Barnoldswick - Co-op Car Park BB18 6AB ●   | 5   |  |        |       |

## VOLUNTEERS AND DETAILS

Each walk is led by a volunteer who has been trained by Pendle Leisure Trust. By each walk there is a colour coded dot to represent the contact for each walk as follows:

- **Paula: 07707 533298**
- **Norman Mitchell: 07549 164739**
- **Ian Lowcock: 07956 516177**
- **Barbara Stuart: 07930 342216**
- **Jennifer Little: 07732 913617** (text only please)
- **Ron Whalley: 07712 861665**

Please use the above contacts should you require any specific information about a walk. Please note that these people are some of the volunteers who use their personal time to lead these walks on behalf of Pendle Leisure Trust. Should there be any questions or concerns which cannot be answered by our volunteers then please contact the Up & Active Team on **(01282) 661664**.

If it is your first walk then you will be asked to complete a health questionnaire prior to setting off. With this in mind, please ensure you have suitable time to complete this at the start. Alternatively email the Up & Active Team at [pendle@upandactive.co.uk](mailto:pendle@upandactive.co.uk) to receive a copy of the questionnaire. Please note, walking is a potentially dangerous activity and you undertake it at your own risk.