



# 'Lets Walk'



## Walk Two Downham Pendle Downham

There are 6 walks in total around  
Pendle and Barnoldswick

### in this series:

1. Higham - Pendle - Higham
2. Downham - Pendle - Downham
3. Sabden - Pendle - Sabden
4. Trawden Circular via Coldwell (and Boulsworth)
5. Earby Bus Station - Pinhaw Beacon
6. Barnoldswick - Weets Hill - Barnoldswick

Walk length - 6.7 miles

Walk duration - 5 to 6 hours.

Regular bus service to Downham from Clitheroe, and from Nelson, via Barley in summer.

- 1 Start at the bridge and village green, (1) (SD786440) (bus terminus), toilets just off Worston Road. Assheton Arms and shop near church at top of hill. At the bridge, turn right on track past row of cottages by side of Downham Beck, at end, (2) (SD787440) take footpath, bearing right, over wall-stile (3) (SD794436). Turn left, then right, follow stream to 'Lane Head' farm (5) (SD797433), where bear right up to road.
- 2 Cross over, onto concessionary path, straight up field to wall-stile, with Hook Cliffe conifer plantation to right. Over stile onto access lane, climbing the stoop flank of Pendle' north side. As it gets steeper, the paths divide at (6) (SD802421). Take the left/lower path, less steep, until you reach a vedant green section on the hillside. Here there is a metal cover, if you lift this; you will find a metal tankard, chained, and a well with excellent clear drinking water. Time to fill a flask or bottle? This was named after George Fox, who climbed Pendle and "saw a multitude", thereby founding the Society of Friends, the "Quakers".
- 3 Continue up, on this path to the stone wall-stile (7) (SD806418), then up to Pendle summit at 557 metres/1831 feet (8) (SD804413).
- 4 From the summit, return the way you came up, but bear left, down to the wood ladder stile (9) (SD794418). Follow the ridge good view of Downham, Worston, Ribble Valley, Ingleborough, Penyghent, along to the round stone shelter, then to Scout Cairn ("pile of stones" on OS maps), (11) (SD789413). Continue, crossing a broken wall, then at the stream, turn downhill on an indistinct path, following the contours round, crossing the wall again, and stream gully's going steeply down and diagonally down to the wall corner. (12) (SD787417), Cross Burst Clough stream. Again, the path goes steeply down, with the stream on your left to (13) (SD783419), where the path turns sharp right and fairly level to another small stream, which it crosses, turns left, and follows down to a wall junction, then down a walled track with fields on either side.

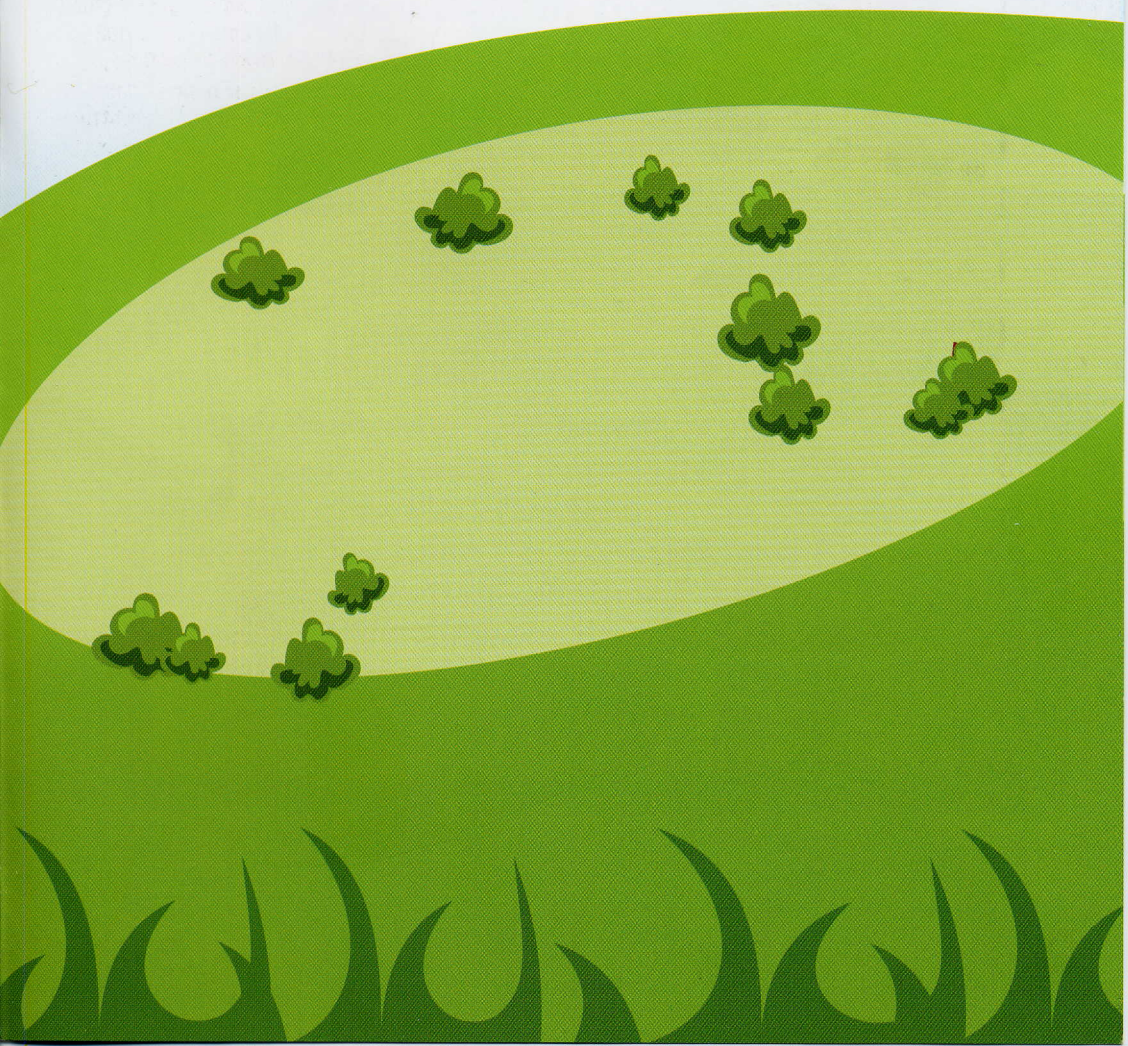


Walking group above Roughlee,  
Pendle in background

5 Where field walls come in from left to right, (14) (SD780424), turn right and follow by the side of a field, with the wall to your left, through and to the back of 'Moorside Farm', (15) (SD784425), over another small stream via footbridges to 'Barkerfield Farm'. At the junction with another main path (16) (SD785426) double back, and join the farm track from Barkerfield and down to the road at Worsaw, turn right, walk along the road, and where the road bears right, turn left (17) (SD781430) into 'Worsaw End Farm'.

6 Go through the farm, turn right, going through two fields turning left at a wall junction, then following the path parallel to the road, Worston-Downham (West Lane), passing Longlands Wood (on your left), and by the side of fields, with a wall on your left, back to the toilets and finish (18/19) (SD785440) at Downham village green.

Compiled by Norman Mitchell, February 2010



# DOWNHAM - PENDLE

